



KINNERLEY C.E. PRIMARY SCHOOL PSHE CURRICULUM

Source: PSHE Association/Twinkl/other recommended resources from appropriate providers

	OWLETS (YN/YR)					
	Autumn		Spring		Summer	
Year A	MY LITTLE WORLD!	PRINCESSES AND KNIGHTS	DINOSAURS	PIRATES	HOLIDAYS NEAR AND FAR	MINI BEASTS AND MINI WORLDS
	I Belong Safety/online safety	Super Me	My Marvellous Mind Safety/online safety	How I Feel	Changing Me Safety/online safety	
Year B	SUPERHEROES!	I LIKE TO PLAY!	THIS IS MY HOME	BABY ANIMALS ON THE FARM	JUNGLE ADVENTURES	LET'S GO SEE...
	Fabulous Friends Safety/online safety	Yes, I Can	It's Good to Share Safety/online safety	Look What I can do!	Changing Me Safety/online safety	

Key for PSHE Association Units: **Heath & Wellbeing** Relationships Living in the Wider World **RSE**

	BARN OWLS (Y1/Y2)					
	Autumn		Spring		Summer	
Year A	ALL ABOUT ME	CASTLES	AMAZING ANIMALS	ARCTIC ADVENTURES	SUN SEA AND SAND	THE SECRET WORLD OF PLANTS
	Safety/Online safety What helps us stay healthy? It's my body	What is the same and different about us? Diverse Britain	Safety/Online safety Who is special to us? VIPs	What can we do with money? Money Matters	Safety/Online safety Who helps to keep us safe? Safety first	How can we look after each other and the world? One world
Year B	SUPERHEROES!	TOYS	HOUSES AND HOMES	GREAT FIRE OF LONDON	OUR AMAZING WORLD	TRAVEL AND TRANSPORT
	Safety/Online safety What helps us grow and stay healthy? Growing up	How do we recognise our feelings? Be yourself	Safety/Online safety What is bullying? to include Think Positive	What makes a good friend? TEAM	Safety/Online safety What helps us to stay safe? to include Digital well being	What jobs do people do? Aiming high

SNOWY OWLS (Y3/Y4)						
	Autumn		Spring		Summer	
Year A	FOOD GLORIOUS FOOD	THE ROMANS ARE COMING!	THE RAINFOREST	CHOCOLATE – YUM!	SEA AND COAST	OFF ON HOLIBOBS?
	Safety/Online safety What strengths, skills and interests do we have? to include Think positive Aiming high	What makes a community? Diverse Britain	Safety/Online safety How can our choices make a difference to others and the environment? One World	How can our choices make a difference to others and the environment? contd Money Matters (link with fair trade)	Safety/Online safety What keeps us safe? Safety First	How will we change and grow? Y4 repeated Growing up
Year B	GET READY, GET FIT!	LIGHTS, CAMERA, ACTION!	WALK LIKE AN EGYPTIAN	YOU'RE MY HERO!	HOW DOES YOUR GARDEN GROW?	MORE INVADERS!
	Safety/Online safety Why should we eat well and look after our teeth? Y3 (science link) Why should we keep active and sleep well? Y3 It's my body	How do we treat each other with respect? Y4 TEAM	Safety/Online safety What are families like? Y3 VIPS	How can we manage risk in different places? to include Digital well being	Safety/Online safety How will we change and grow? Y4 Growing up repeated	How can we manage our feelings? Be Yourself

LONG-EARED OWLS (Y5 / Y6)						
	Autumn		Spring		Summer	
Year A	ANCESTRY.COM	DOCTOR DOCTOR!	FORCES OF NATURE	FAR OFF LANDS!	CAVERNOUS CANYON!	VICTORIOUS VIKINGS?
	Safety/Online safety How do we treat each other with respect? VIPs	How can we keep healthy as we grow? It's my body	Safety/Online safety What makes up a person's identity? Diverse Britain	How can we work together? How can friends communicate safely? TEAM Digital Well being (partial)	Safety/Online safety What jobs would we like? Aiming High	How will we grow and change? RSE Growing up repeat
Year B	WAR HORSE	FROZEN WORLDS	OUR PLACE IN SPACE - EXTREME EARTH	THIEVES, BEWARE!	GROOVY GREEKS	WHEN STARS ARE SCATTERED
	Safety/Online safety How can we manage our feelings? Think Positive	One World (link with Geog) How can we help in an accident or emergency? Safety First	Safety/Online safety How do friendships change as we grow? Be Yourself	How can the media influence people? Digital Well being (partial)	Safety/Online safety What decisions can people make with money? Money Matters	What will change as we become more independent? RSE Growing up repeat

Notes on mixed age delivery:

Whilst PSHE is a subject which works well in mixed age classes as pupils across different age groups show a range of depth of understanding, and is a subject where pupils of all abilities can access equally, certain considerations must be made where the questions and content matter come from a different year group. Consider: - appropriateness of content - appropriateness of resources - delivery context - vocabulary. *Where using video clips – always watch all the way through to ensure age suitability. **Parents to be informed in advance of RSE units.**

Resources used to deliver PSHE: PSHE Association materials, Twinkl (as below), Shropshire 'Respect Yourself' units, CEOP materials, BBC TeachTWINKL UNITS						
KS1	THINK POSITIVE	DIGITAL WELLBEING	MONEY MATTERS	DIVERSE BRITAIN	GROWING UP	VIPS
	1) Think happy, feel happy 2) It's your choice 3) Go getters 4) Let it out 5) Be thankful 6) Be mindful	1) The internet and me 2) Online and offline 3) Staying safe online 4) Personal information 5) Communicating online 6) True or False?	1) Money 2) Where money comes from 3) Look after it 4) Save or spend? 5) Want or need? 6) Going shopping	1) My school 2) My community 3) My neighbourhood 4) My Country 5) British People 6) What makes me proud of Britain?	1) Our bodies 2) Is it OK? 3) Pink and Blue 4) Your family, my family 5) Getting older 6) Changes	1) Who are your VIPS? 2) Families 3) Friends 4) Falling out 5) Working together 6) Showing you care
LKS2	1) Happy minds, happy people 2) Thoughts and feelings 3) Changes 4) Keep calm and relax 5) You're the boss 6) Always learning	1) The digital world 2) Digital Kindness 3) Do I know you? 4) Online information 5) Keep it private 6) My digital wellness	1) Where does money come from? 2) Ways to pay 3) Reasons to borrow 4) Spending decisions 5) Advertising 6) Keeping track	1) Living in the British Isles 2) Democracy 3) Rules, laws & responsibilities 4) Liberty 5) Tolerance and respect 6) What does it mean to be British?	1) Human reproduction 2) Changes in boys 3) Changes in girls 4) Changing emotions 5) Relationships and families 6) Where do I come from?	1) Family and Friends 2) Fabulous Friends 3) This is a good relationship? 4) Falling out 5) What is bullying? 6) Stand up to Bullying
UKS2	1) The Cognitive Triangle 2) Thoughts are not facts 3) Face your feelings 4) Choices and Consequences 5) Being present 6) Yes I can!	1) My Digital Life 2) Staying safe, happy and healthy online 3) Online relationships 4) Social Media 5) Saying no to online bullying 6) Fake News	1) Look after it! 2) Critical Consumers 3) Value for money & ethical spending 4) Budgeting 5) Money & emotional well being 6) Money & the wider world	1) Identities 2) Communities 3) Respecting the Law 4) Local Government 5) National Government 6) Making a Difference	1) Changing Bodies 2) Changing emotions 3) Just the way you are 4) Relationships 5) Let's talk about sex 6) Human reproduction	1) People we love 2) Think before you act 3) It's ok to disagree 4) You decide 5) Secrets 6) False friends
KS1	TEAM	SAFETY FIRST	AIMING HIGH	ONE WORLD	IT'S MY BODY	BE YOURSELF
	1) Together everyone achieves more 2) Listening 3) Being kind 4) Bullying & Teasing 5) Brilliant brains 6) Making good choices	1) Keeping safe 2) Staying safe at home 3) Staying safe outside 4) Staying safe around strangers 5) Safe secrets and surprises 6) People who can help	1) Star qualities 2) Positive learners 3) Bright futures 4) Jobs for all 5) Going for goals 6) Looking forward	1) Families 2) Homes 3) Schools 4) Environments 5) Resources 6) Planet Protectors	1) My body, my business 2) Active & Asleep 3) Happy, healthy food 4) Clean as a whistle 5) Can I eat it? 6) I can choose	1) Marvellous Me 2) Feelings 3) Things I like 4) Uncomfortable 5) Changes 6) Speak up
LKS2	1) A new start 2) Together everyone achieves more 3) Working Together 4) Being considerate 5) When things go wrong 6) Responsibilities	1) New Responsibilities 2) Risks, Hazards and Danger 3) Under Pressure 4) Safety when Out and About 5) Dangerous Substances 6) Injuries and Emergencies	1) Achievements 2) Goals 3) Always Learning 4) Jobs and Skills 5) No Limit! 6) When I Grow Up	1) Chiwa and Kwende 2) Chiwa's Dilemma 1 3) Chiwa's Dilemma 1 4) Chiwa's Sugar 5) Chiwa's World 6) Charity for Chiwa	1) My body, my choice 2) Fit as a Fiddle 3) Good night, Good Day 4) Cough, Splutter, Sneeze! 5) Drugs – healing or harmful? 6) Choices Everywhere!	1) Pride 2) Feelings 3) Express Yourself 4) Know your Mind 5) Media- wise 6) Making it Right
UKS2	1) Together everyone achieves more 2) Communicate 3) Compromise & Collaborate 4) Care 5) Unkind behaviour 6) Shared responsibilities	1) You are responsible 2) What are the risks? 3) Making your mind up 4) In an emergency 5) Home –safe and sound 6) Outdoors – playing it safe	1) You can achieve anything 2) Breaking down barriers 3) Future Focus 4) Equal Opportunities 5) The World of Work 6) Onwards and Upwards	1) Global citizens 2) Global warming 3) Energy 4) Water 5) Biodiversity 6) In our Hands	1) Your body is your own 2) Exercise right, sleep tight 3) Taking care of our bodies 4) Harmful Substances 5) How we think & feel about our Bodies 6) Healthy Choices	1) You are unique 2) Let it Out! 3) Uncomfortable feelings 4) The Confidence Trick 5) Do the Right Thing 6) Making Amends