

Primary Lunch Menu – Week Three: 21.9.20

| Week Three | Monday | Tuesday | Wednesday | Thursday | Friday |
|--|---|--|---|---|--|
| Main Course | Breaded Chicken Breast Or Cheese & potato Bake Herby Diced Potatoes Baked Beans Peas | Sweet & Sour Chicken With Noodles or Quorn Korma With Rice Green Beans Sweetcorn | Roast Beef or Quorn Fillet Roast & Midi Potato Yorkshire Pudding Gravy Fresh Carrots Peas Cauliflower Cheese | Hot Chicken Wraps or Cheese Salad Wraps Potato Wedges Baked Beans Broccoli | Fish Cake or Cheese & Tomato Pizza Chips Peas Baked Beans |
| Grab Bag <i>Filled soft roll or sandwich, Cookie, Fresh Fruit & Yoghurt</i> | Grab Bag | Grab Bag | Grab Bag | Grab Bag | Grab Bag |
| Dessert | Selection of Shortbreads | Chocolate Sponge & Custard | Rice Pudding With Sultanas /jam | Cup Cake | <i>Fruit Jelly</i> |

Freshly made bread, a selection of salads, fruit yoghurts & fresh fruit, available daily

(Fresh fruit & yoghurt available as an alternative to the dessert choice)

Salad: Sliced Cucumber, Grated Carrot, Tomatoes, Iceburg Lettuce

A pasta, rice or noodle salad will also be available daily